

### RESOURCES FOR LEADERS/INFLUENCERS TO ACHIEVE POSITIVE CHANGE

E-GUIDE + TEMPLATE

STOP, CONTINUE AND START STOCK TAKE TAKE A MINUTE TO INCREASE YOUR LEADERSHIP EFFECTIVENESS TODAY!

RURALSCOPE.COM.AU

#### STOP, CONTINUE AND START STOCK TAKE



### HELLO.

#### THANK YOU SO MUCH FOR DOWNLOADING THIS E-GUIDE + TEMPLATE TODAY.

As a busy person, I know you value tools that are easy to follow and achieve great outcomes for you in a short time. This one is one of the best. It works in so many contexts. You can use it at the beginning of a day, for a project that's not going well and equally for one that is. You can use it to stock take a relationship as well as to support development of your own leadership plan. Once you have your Stop, Continue and Start Stock Take in hand, energy and actions will align and nothing will get in your way.

Are you ready to get started?

Good luck as you work out the context / concern / relationship that you wish to conduct a Stop, Continue and Start Stock Take on. And then head to the Template.

PS. Reach out anytime if you have any questions or queries.

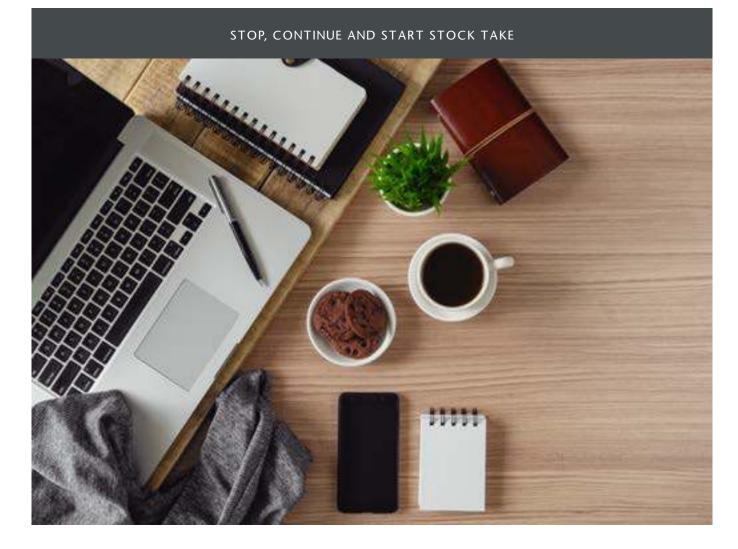
## BIO.

I'M JO EADY, A LEADERSHIP DEVELOPMENT SPECIALIST AND AWARD WINNING BUSINESS OWNER.

I founded RuralScope in 2000. I knew there were thousands of Australians working across agricultural supply chains and in rural communities that could be more effective in their roles if they had access to quality leadership and professional development. RuralScope evolved to address this need. We have now grown to become a leading provider of people development services for Australia's agricultural and rural industries.

I'm known for facilitating innovative change and building and supporting leaders as individuals as well as across groups, businesses and industries. Since 2000 I have supported over 5000 clients on their leadership journey via programs, workshops, coaching and mentoring. I have developed and delivered whole of industry and company leadership programs as well as facilitated the formation and strategic direction and plans for a range of industry bodies. I love working with leaders to help them facilitate better in their own lives as well as their work and the lives of others. I hold qualifications in education, psychology, management and coaching / counselling.

I'm equally at home in the paddock and the boardroom and was recently described as the secret ingredient for many successful agricultural leaders.



### A STOCK TAKE CAN SAVE YOU TIME, MONEY AND ENERGY

I first came across this Stop, Continue and Start Stock Take tool when I was leading a large scale project for State Government about 20 years ago. With a budget of almost \$2M and a staff of 8 with a state-wide project reach, I think I used it every day. It saved time, money and energy. It's success means it remains one of my favourite self management and leadership tools today. I love it because it only takes a few minutes, is easy to facilitate (without needing outside help) and there are no fancy tools that you need to access. So once you get the hang of it, this effective tool can support you for life!

### CHOOSE YOUR CONTEXT

I find the Stop, Continue and Start Stock Take works effectively in the following contexts; and there's probably more as well;

- + Relationships
- + Difference of Opinion with someone
- + Project Kicks Off
- + Project Issues
- + Planning for you, your business, your life!
- + Team conflict
- + Day planning
- + Prioritising pretty much anything!
- And for that moment when you are sitting at your desk and are wondering what's next.

Now, here we go it's time to give the Template a go.....

### STOP, CONTINUE AND START STOCK TAKE TEMPLATE

CONTEXT: \_\_\_\_\_ DATE: \_\_\_\_\_

**STOP** 

### CONTINUE

### **START**

"Your future is created by what you do today, not tomorrow." ANONYMOUS

#### STOP, CONTINUE AND START STOCK TAKE



### CONTACT.

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### STAY IN TOUCH.

YES I'D LOVE YOU TO! You can find me on

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### 5 Ways to Lead with Heart

After 20 years of figuring out how leadership works, we've gathered tools, insights and lessons for you that will genuinely transform your life and work across the agricultural, rural and regional sectors.

5 Ways to Lead with Heart is a fortnightly newsletter devoted to courageous leadership, influence, personal development and innovative change.

It's about inspiring your leadership and creating positive influence and impact in your everyday.

Most of all it's about becoming comfortable with the imperfections of leadership and having access to stories, tools and lessons that will genuinely transform your world.

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